
Summary of the 12th Meeting of D&CVD EASD Study Group

The 12th Meeting of the D&CVD EASD Study Group took place in Constanta from June 27-29, 2019. Nearly 200 participants, primary care doctors and interns in cardiology, diabetology, endocrinology, nephrology, internal medicine from all over Romania. During the three days of the event, there were 7 scientific sessions supported by lecturers from Romania, Spain, Israel, Croatia, France, Germany and Serbia.

The themes approached were particularly interesting. At the centre of the debate were diabetic cardiomyopathy, diagnostic and therapeutic approaches. Also a topic that raised the interest of the participants was the impact of antidiabetic medication on cardiovascular risk and the way it is mirrored in cardiovascular clinical trials. Hypoglycaemia with metabolic and cardiovascular consequences was another preferred topic of audience.

It has been proven once again that diabetes is a complex condition requiring a multidisciplinary approach, which is why the invited conferences have talked about link between diabetes, cancer and cardiovascular disease. Heart failure in the diabetic patient has been approached from several perspectives: pathophysiological, diagnostic and therapeutic approaches. In the light of new research, organ protection is in the attention of researchers, which is why we have dedicated a special session to this topic. There have also been a series of debates and comments on ADA / EASD consensus and ways to more effectively implement lifestyle changes in patients with type 2 diabetes and cardiovascular disease.

During the 12th Meeting of the D&CVD EASD Study Group were discussed key results of cardiovascular safety studies recently completed in an interactive, multidisciplinary manner, analysing both the potential and the current CVOT limitations, as well as their implementation in clinical practice.

We received the request from the participants to organize an EASD course, given the diverse and very exciting themes that were presented at the conference. The high scientific level and the very good quality of the works were appreciated by the participants. This was seen from the number of participants present in the room during the works, the halls were always full, but also from the feedback received after the conference. As a result, we consider this event a great success, which is why I thank the D&CVD EASD Study Group that has made a substantial contribution to this meeting.

Prof. Dr Doina Catrinoiu